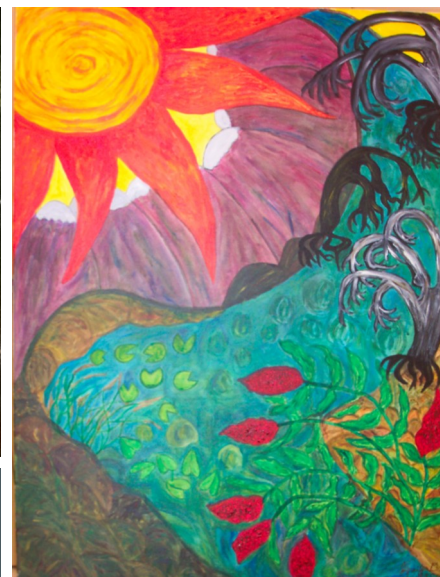


Making
art spaces
accessible
to
mental
health
consumer
survivors
in the
Greater
Toronto
Area



AGENCIES WITH ART STUDIOS IN THE GREATER TORONTO AREA

ADELAIDE RESOURCE CENTRE FOR WOMEN

*In association with
Fred Victor Mission*

The centre offers a safe, welcoming place for homeless women. The goal is to aid women who are socially alone and isolated or who are in need of assistance. Homeless women get help with healthcare, housing, life skills and join social activities, including the art programs.

Location:
67 Adelaide St. East
Toronto, ON M5C 1K6
Phone: 416-392-9243

Email: wdp@fredvictor.org

Hours of operation:
Sketching: Thursdays 11:00am - 1:30pm
Fabric: Monday-Friday 10:30am-noon

ART EXPRESSIONS

*In association with
Madison Community Services
& VanDuzer Art Studio*

The Art Expressions program works from within the mental health Recovery Model principles to provide clients with meaningful opportunities to socialize, develop important life skills, build community and engage in a healing creative process.

Location:
210 Dundas St. West 4th floor
Toronto, ON M5G 2E8



Hours of operation:
Tuesdays 1:00 am - 4:00 pm
at VanDuzer Art Studio
196 Beverley St.

Contact:
Guadalupe Marquina
416 - 977 - 1333
info@madisoncs.org

ARTHEART COMMUNITY ART CENTRE

*In association with
Daniels Spectrum Paintbox*

Through the programs, ArtHeart provides participants with a supportive environment in which they can create, learn, build self-esteem and develop life skills. By putting their hands and imaginations to work, participants are empowered to improve their quality of life.

Location:
585 Dundas St. East Studio 210
Toronto, ON M5A 2B7
Phone: 416-203-0034

Hours of operation:
Wednesdays 5:30 - 8:30 pm
Thursdays 12:00 - 7:00 pm

ART OPEN STUDIO

*In association with
Sanctuary*

The Arts - music, drama and visual arts - which play an important role in the life of our community, provide a means for self-expression and self-realization and are a medium by which we have connected with others.

Location:
25 Charles Street East
Toronto, ON M4Y 1R9
(Studio is in the basement.)

Hours of operation:
Thursdays 10:30 am - 1:00 pm

Contact:
Lyf Stolte
416 - 922 - 0628 ext. 215
lyfs@sanctuarytoronto.ca

CREATIVE SPIRIT ART CENTRE

The Creative Spirit Art Centre provides art education and studio space for people with disabilities. It is dedicated to advancing their creative power through all forms of art.

Location:
999 Dovercourt Rd.
Toronto, ON M6H 2X7
Phone: 416-588-8801

Hours of operation:
Tuesday to Friday 10 a.m. - 5 p.m.
Open Saturdays for scheduled events.



CREATIVE VILLAGE ART STUDIO

*In association with
Community Living Toronto*

Creative Village Art Studio offers art and photography classes as well as drop in studio time for all ages. The vision at Creative Village Art Studio is to provide a supportive space for artists with varying abilities in order to enrich lives through creative expression.

Location:
4895 Dundas Street West
Etobicoke, ON M9A 1B2
Phone: 647 - 351-4362

Hours of operation:
Monday to Friday: 10:00 am - 6:00pm

AGENCIES WITH ART STUDIOS IN THE GREATER TORONTO AREA

CREATIVE WORKS STUDIO

*In association with
St. Michael's Hospital*

The Creative Works Studio is an occupational therapy arts based community program that helps individuals living with mental health challenges heal and cope through the power of artistic expression.

Services Provided: Occupational Therapy, Visual Arts, Creative Work Opportunities, Visiting Artists from the Community.

Location:

793 Gerrard St.
Toronto ON M4M 1Y5
Phone: 416 – 465 – 5711

FRED VICTOR CREATIVE ARTS PROGRAM

*In association with
Fred Victor Mission*

Fred Victor's Creative Arts Programs are a gateway to learning, trust, self-esteem, belonging and improved mental health. The Arts Program is a safe, supportive space for artists to create their masterpieces in a group setting.

Location:

145 Queen St. East
Toronto, ON M5A 1S1
Phone: 416-369-1199

Hours of operation:

Tuesdays 1:30 to 3:30pm

FRIENDSHIP CLUB

*In association with
Woodgreen Community Services*

Friendship Club runs a range of activities that the group members decide on. Groups include women's beading/jewellery making, guitar workshop (Tuesday and Thursday mornings 9:30 - 11:00), games, a meal, karaoke and arts and crafts.

Location:

650 Queen St. East
Toronto, ON M4M 1G5
Phone: 416-469-5211

Hours of operation:

Call in for hours.

Contact:

Gillian Edwards
housing@woodgreen.org



INSPIRATIONS STUDIO

In association with Sistering

Inspirations Studio is a microbusiness incubator for low-income women who

have been impacted by poverty, homelessness, trauma and mental health issues. Our members attend Inspirations Studio to learn pottery and businesses skills so that they can earn income. Attendance at Inspirations Studio facilitates the recovery of self-esteem, respect, dignity and creates a community of entrepreneurs.

Location:

2480 Dundas Street West
Toronto, ON M6P 1W9
Phone: 416-367-2728

Email: inspirations@sistering.org

Website: www.inspirationsstudio.org

Hours of operation for the shop:

Fridays & Saturdays: 1:00– 5:00pm.
We are here most days,
please call for an appointment.

METRO ART PROGRAM

*In association with
Metropolitan United Church*

The Outreach Committee recognizes the creative spirituality of all people and seeks to foster its development, appreciating the richness and the diversity of the community.

Location:

56 Queen St. East
Toronto, ON M5C 2Z3
Phone: 416-363-0331

Hours of operation:

Mondays 11:00am to 1:00pm
Fridays 11:00am to 1:00pm



SKETCH WORKING ARTS

*In association with
Community Knowledge Centre*

SKETCH is a Toronto-based community-arts initiative for young people, ages 16-29, who are homeless or living on the margins. SKETCH inspires and engages youth from all over Canada through the transformative power of the arts.

Location:

180 Shaw Street, Suite 201
Toronto, ON M6J 2W5
Phone: 416-519-1559
Email: info@sketch.ca

Hours of operation:

Monday to Friday 9:00am to 5:00pm

A PLACE OF REFUGE

AGENCIES WITH ART STUDIOS IN THE GREATER TORONTO AREA



VANDUZER ART STUDIO

*In association with
Eden Community Homes*

Artists who face the challenge of living with mental health issues have the opportunity to create artwork in a safe, professional and functional environment.

Location:

196 Beverley St.
Toronto, ON M5T 1Z1

Website:

www.edencommunityhomes.org

Hours of operation:

Daily 11:00 am to 5:00pm

Contact:

Tamara Wilen
647-280-4931
twilen@edencommunityhomes.org

STREET HEALTH

*In association with
Fred Victor Mission*

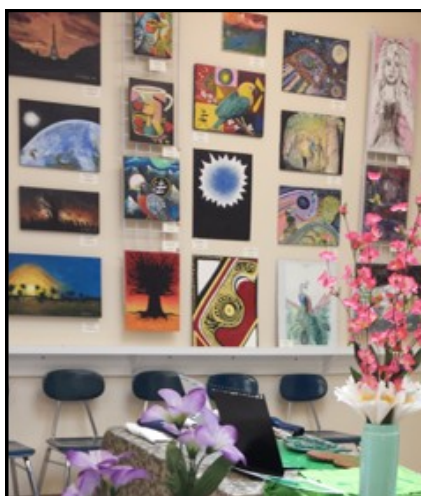
Street Health is a non-profit community based agency that improves the health of homeless and under-housed people in Toronto. There is a weekly art program.

Location:

338 Dundas Street East
Toronto, ON M5A 2A1
Phone: 416-921-8668

Hours of operation:

Monday 2:00 to 3:30pm



WORKMAN ARTS

*In association with Centre for Addiction
and Mental Health (CAMH)*

For over twenty-five years, Workman Arts has empowered aspiring, emerging and established artists with mental illness and addiction issues to develop and refine their art practice through multifaceted arts training programs and public performance/exhibition opportunities in five disciplines: music, theatre, visual, literary and media arts.

Location:

651 Dufferin St
Toronto, ON M6K 2B2

Phone: 416-583-4339

Website: www.workmanarts.com

Hours of operation:

Monday - Thursday 9:00 am – 5:00pm
Fridays 9:00 am – noon

YELLOW DOOR LEARNING CENTRE

In association with 6 St. Joseph

It is a place where positive life-change is a realizable goal, and where people of all backgrounds pitch in to lead the programs & activities. From the beginning, the goal has been to invite people from diverse backgrounds to work together and support those taking positive steps out of addiction, social isolation, panhandling, and homelessness.

Location:

6 St. Joseph St.
Toronto, ON M4Y 1J7

Phone: 416-923-8836

Hours of operation:

Wednesdays 1:00 – 6:00pm
Thursdays 3:45-6:45pm

Contact:

Darlene Desveaux
ddesveaux@6stjoseph.ca

*“Some people live
their whole lives like they’re
drowning in a pool.
Coming to a place
like the VanDuzer Art Studio,
is the only time
they feel above water”.*

- D. Buckley



To add a studio to the list, contact:

Tamara Wilen

VanDuzer Art Studio Coordinator

Email:

twilen@edencommunityhomes.org

196 Beverley Street

647-280-4931

In association with

EDEN COMMUNITY HOMES